

# Fluid biomechanics

Pressure, flow rate, assumptions



UNIVERSITATEA  
BABEŞ-BOLYAI

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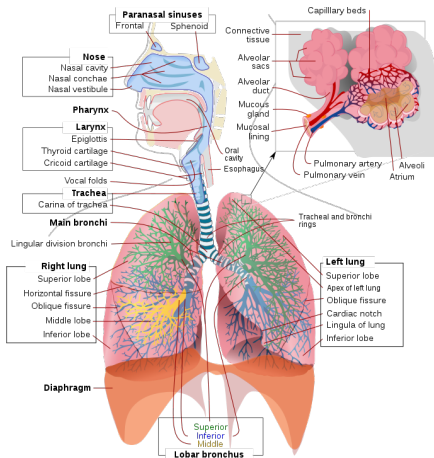
# Agenda

- Fluid systems of the human body
- Fluid mechanics principles
- Blood
- Fluid solid interactions
- CFD and FEM



# Fluid systems

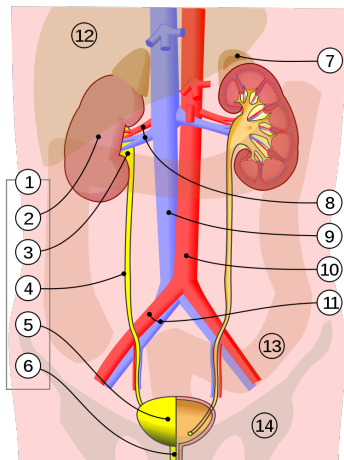
## Respiratory system



From *Wikipedia: Respiratory system*

# Fluid systems

## Urinary system

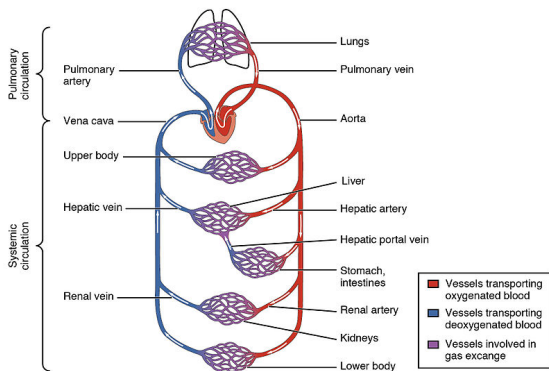


From Wikipedia: *Urinary system*



# Fluid systems

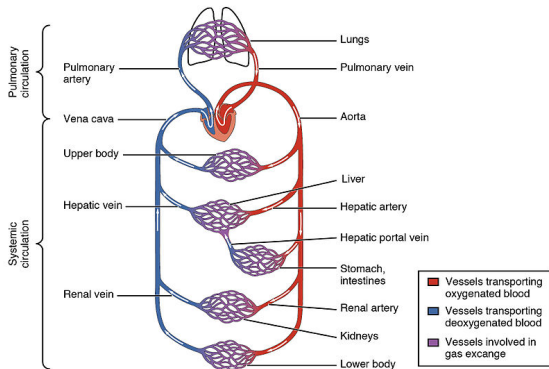
## Cardiovascular system



From *Anatomy & Physiology, Connexions Web site*

# Fluid systems

## Cardiovascular system



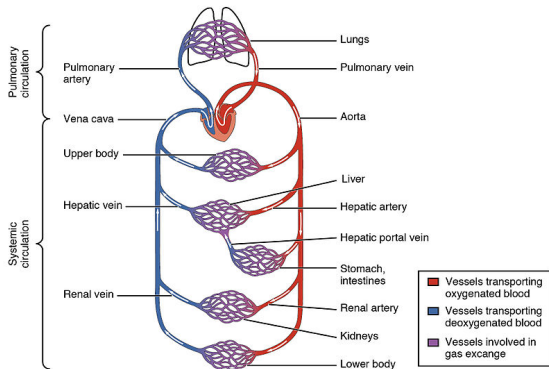
- Pressure in vessels



From *Anatomy & Physiology, Connexions Web site*

# Fluid systems

## Cardiovascular system



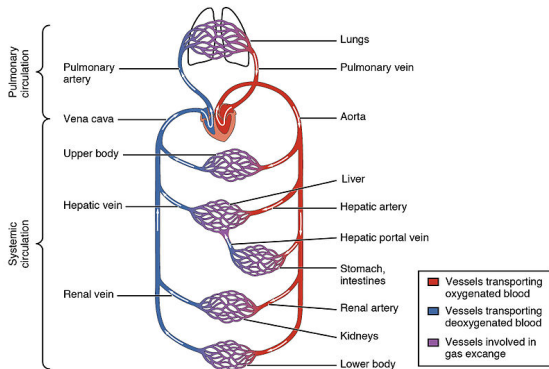
- Pressure in vessels
- Blood flow rate



From *Anatomy & Physiology, Connexions Web site*

# Fluid systems

## Cardiovascular system



- Pressure in vessels
- Blood flow rate
- Turbulence

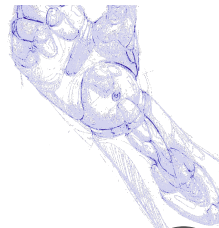
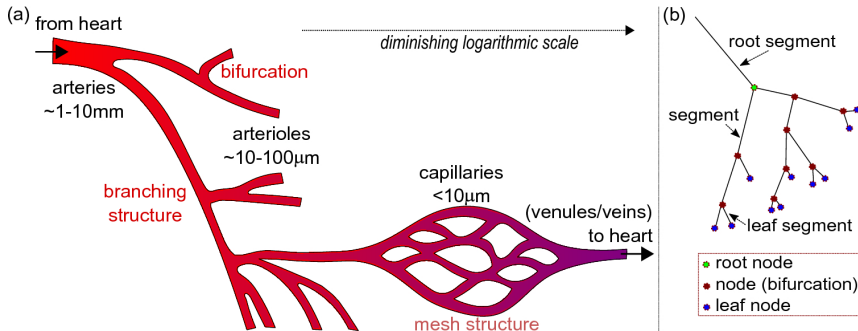


From *Anatomy & Physiology, Connexions Web site*



# Fluid systems

## Cardiovascular system



# Fluid mechanics

## Basic principles

### Incompressible flow equation



Daniel Bernoulli 1700-1782



# Fluid mechanics

## Basic principles

### Incompressible flow equation

$$\frac{u^2}{2} + gz + \frac{p}{\rho} = \text{constant}$$



Daniel Bernoulli 1700-1782



# Fluid mechanics

## Basic principles

### Incompressible flow equation

$$\frac{u^2}{2} + gz + \frac{p}{\rho} = \text{constant}$$

$u$ : fluid flow speed

$g$ : gravitational acceleration

$z$ : elevation

$p$ : pressure

$\rho$ : fluid density

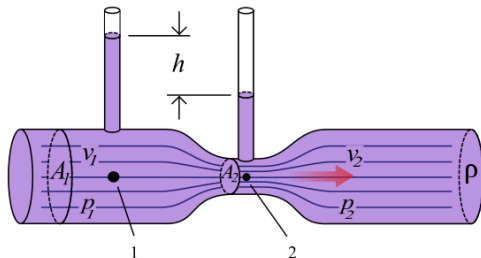


Daniel Bernoulli 1700-1782



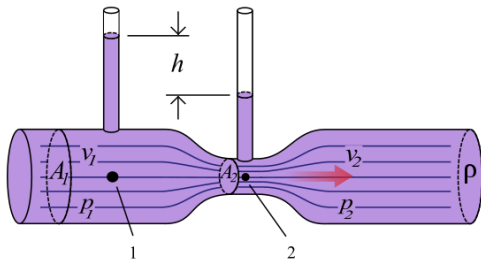
# Fluid mechanics

## Venturi effect



# Fluid mechanics

## Venturi effect

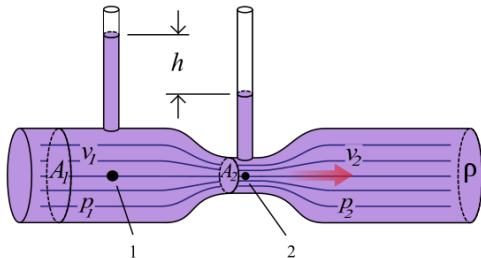


$$\frac{u^2}{2} + gz + \frac{p}{\rho} = \text{constant}$$



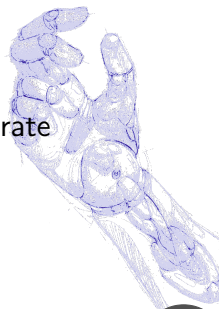
# Fluid mechanics

## Venturi effect



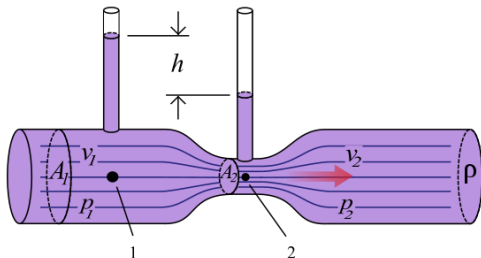
$$\frac{u^2}{2} + gz + \frac{p}{\rho} = \text{constant}$$

We assume incompressible flow, therefore equal flow rate  
(Conservation of mass)



# Fluid mechanics

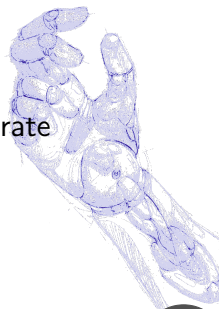
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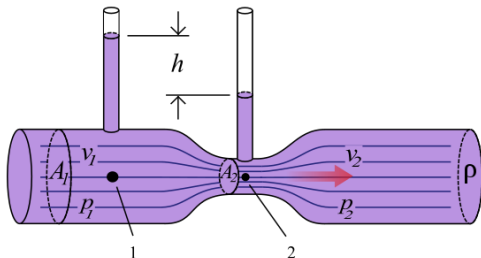
$$Q_1 = u_1 A_1 = u_2 A_2 = Q_2$$





# Fluid mechanics

## Venturi effect

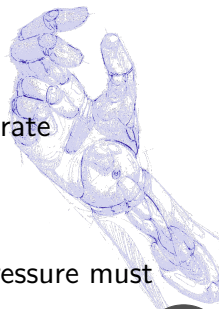


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$$Q_1 = u_1 A_1 = u_2 A_2 = Q_2$$

If area decreases, velocity increases. Bernoulli says pressure must drop.



# Fluid mechanics

## Basic principles

### Incompressible flow equation

$$\frac{u^2}{2} + gz + \frac{p}{\rho} = \text{constant}$$

$u$ : fluid flow speed

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Daniel Bernoulli 1700-1782

Which fluid property does Bernoulli neglect?

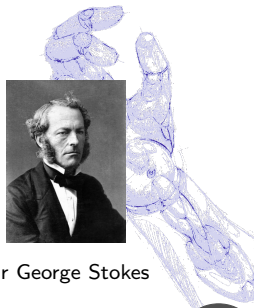


# Fluid mechanics

## Navier-Stokes equations



Claude-Lois Navier



Sir George Stokes

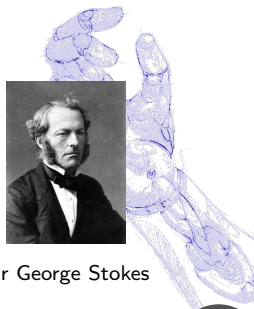
# Fluid mechanics

Navier-Stokes equations

$$\nabla \vec{u} = 0$$



Claude-Lois Navier



Sir George Stokes

# Fluid mechanics

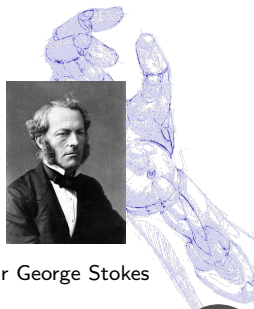
## Navier-Stokes equations

$$\nabla \vec{u} = 0$$

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$



Claude-Louis Navier



Sir George Stokes

# Fluid mechanics

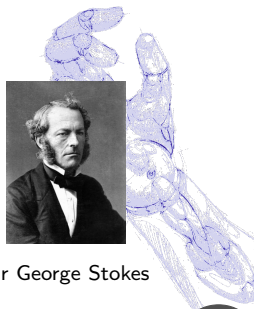
## Navier-Stokes equations

$$\nabla \vec{u} = 0 \text{ (conservation of mass)}$$

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$



Claude-Louis Navier



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# Fluid mechanics

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(Newton's second law  $F=ma$ )



Claude-Lois Navier



Sir George Stokes



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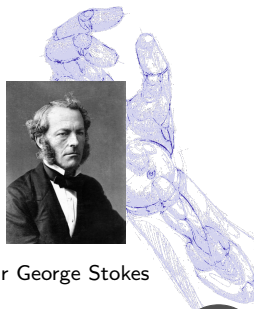
$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$

(Newton's second law  $F=ma$ )

We don't understand these fully!



Claude-Lois Navier

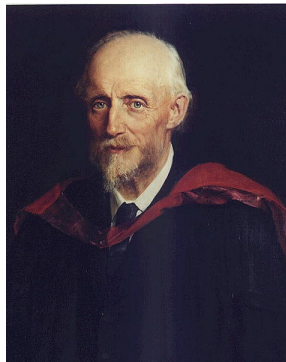


Sir George Stokes



# Fluid mechanics

## Reynolds number

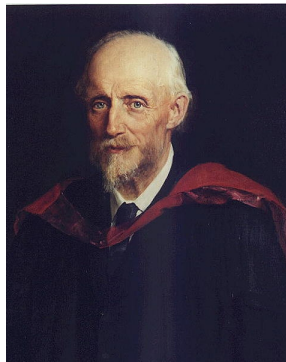


Osborne Reynolds 1842-1912

# Fluid mechanics

## Reynolds number

$$Re = \frac{\rho u L}{\mu}$$



Osborne Reynolds 1842-1912

# Fluid mechanics

## Reynolds number

$$Re = \frac{\rho u L}{\mu} = \frac{F_{inertia}}{F_{viscous}}$$

$Re \ll 1$



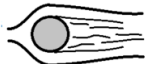
$Re \sim 10$



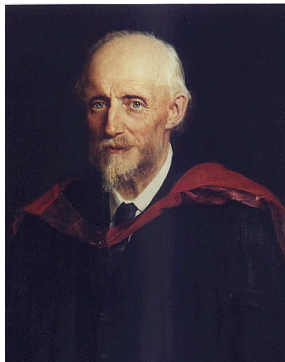
$Re > \sim 90$



$Re \sim 10^4 - \sim 10^5$



$Re > \sim 10^5$



Osborne Reynolds 1842-1912

# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$



# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho F$$

For  $Re \ll 1$ :



# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$

For  $Re \ll 1$ :

$$\rho \frac{\partial \vec{u}}{\partial t} + \nabla p = +\mu \nabla^2 \vec{u}$$



# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho \vec{F}$$

For  $Re \ll 1$ :

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For  $Re \gg 1$ :



# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho F$$

For  $Re \ll 1$ :

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For  $Re \gg 1$ :

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p$$





# Fluid mechanics

## Reynolds number

$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p + \mu \nabla^2 \vec{u} + \rho F$$

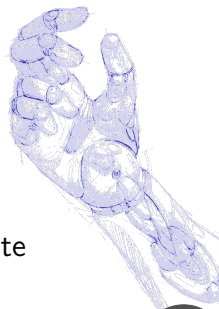
For  $Re \ll 1$ :

$$\rho \frac{\partial \vec{u}}{\partial t} + \nabla p = +\mu \nabla^2 \vec{u}$$

For  $Re \gg 1$ :

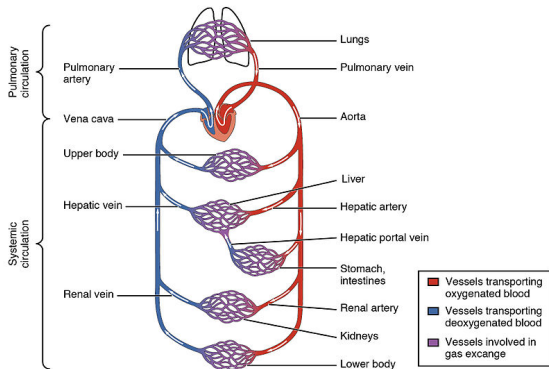
$$\rho \frac{\partial \vec{u}}{\partial t} + \rho \vec{u} \nabla \vec{u} = -\nabla p$$

Either of these are much simpler to compute



# Fluid mechanics

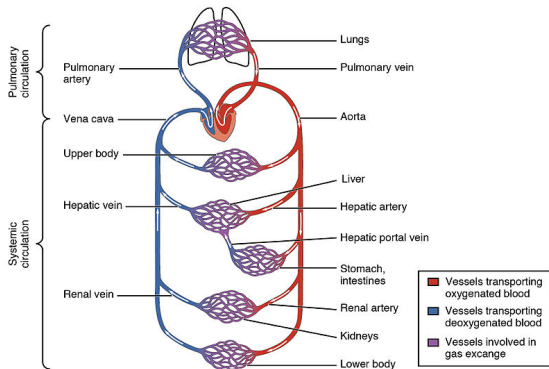
## Reynolds number in cardiovascular system



From *Anatomy & Physiology, Connexions Web site*

# Fluid mechanics

## Reynolds number in cardiovascular system



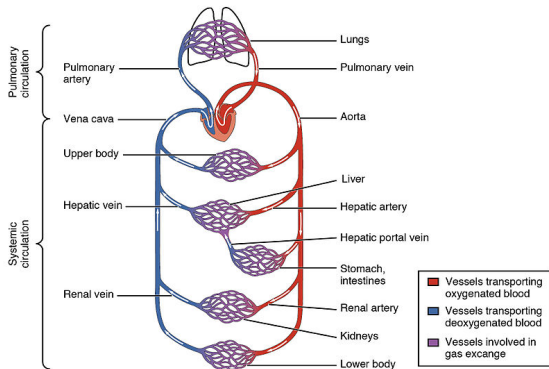
- Ascending Aorta: 4500



From *Anatomy & Physiology, Connexions Web site*

# Fluid mechanics

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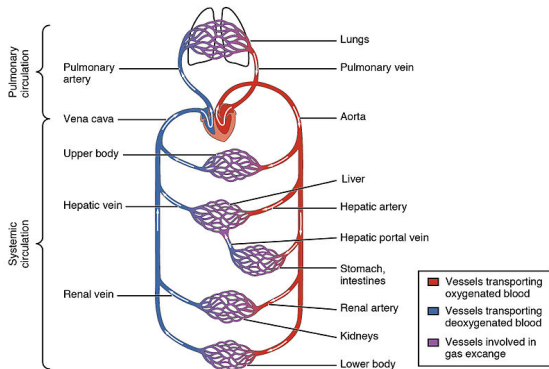
- Ascending Aorta: 4500
- Descending Aorta: 3400



From *Anatomy & Physiology, Connexions Web site*

# Fluid mechanics

## Reynolds number in cardiovascular system



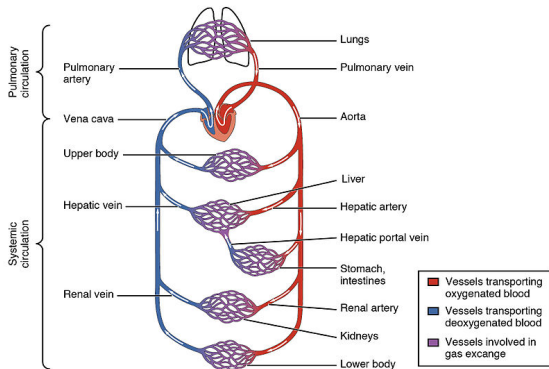
- Ascending Aorta: 4500
- Descending Aorta: 3400
- Abdominal Aorta: 1250



From *Anatomy & Physiology, Connexions Web site*

# Fluid mechanics

## Reynolds number in cardiovascular system



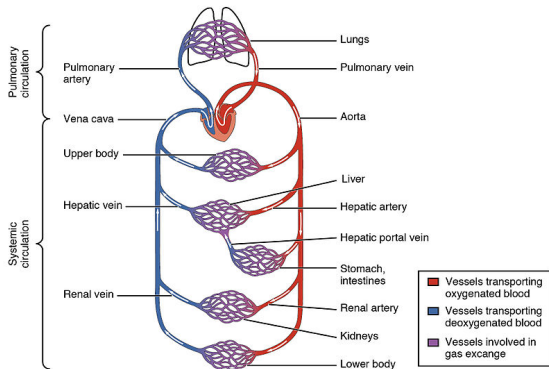
- Ascending Aorta: 4500
- Descending Aorta: 3400
- Abdominal Aorta: 1250
- Femoral artery: 1000



From *Anatomy & Physiology, Connexions Web site*

# Fluid mechanics

## Reynolds number in cardiovascular system



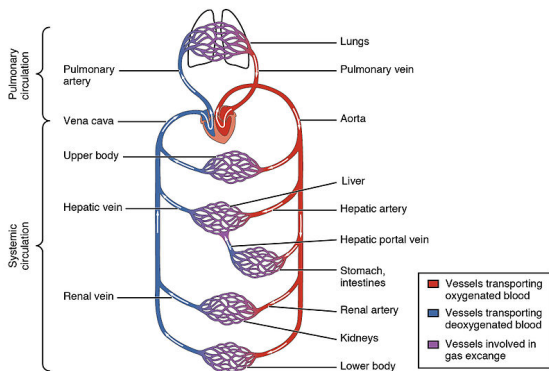
From *Anatomy & Physiology, Connexions Web site*

- Ascending Aorta: 4500
- Descending Aorta: 3400
- Abdominal Aorta: 1250
- Femoral artery: 1000
- Arteriole: 0.09



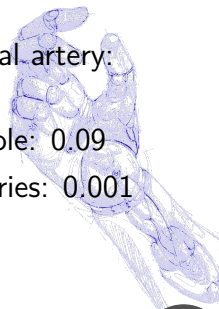
# Fluid mechanics

## Reynolds number in cardiovascular system



From *Anatomy & Physiology, Connexions Web site*

- Ascending Aorta: 4500
- Descending Aorta: 3400
- Abdominal Aorta: 1250
- Femoral artery: 1000
- Arteriole: 0.09
- Capillaries: 0.001





# Fluid mechanics

What about biology?

Can we use such equations for blood flow?

What are the assumptions of these equations?



# Fluid mechanics

What about biology?

Can we use such equations for blood flow?  
What are the assumptions of these equations?

- Incompressible fluid



# Fluid mechanics

What about biology?

Can we use such equations for blood flow?  
What are the assumptions of these equations?

- Incompressible fluid
- Developed flow



# Fluid mechanics

What about biology?

Can we use such equations for blood flow?  
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- Incompressible fluid
- Developed flow
- Fixed walls



# Fluid mechanics

What about biology?

Can we use such equations for blood flow?

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- Incompressible fluid
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- Incompressible fluid
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- No obstructions
- Circular cross-sections



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- Incompressible fluid
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- No obstructions
- Circular cross-sections
- Blood is rather compressible





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- Blood is rather compressible
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- Elastic walls
- Pulsative flow



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- Pulsative flow
- Bifurcations



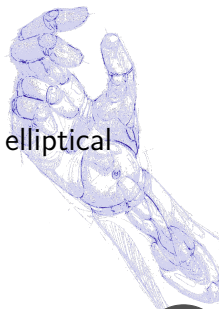
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- Bifurcations
- Veins are rather elliptical



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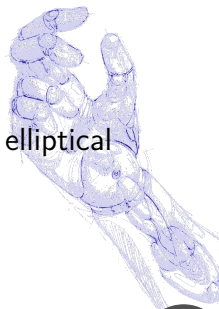
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Rise of empirical equations!

# Fluid mechanics

## Hagen-Poiseuille flow

Considering steady flow:

$$\Delta P = \frac{8\pi\mu LQ}{A^2}$$





# Fluid mechanics

## Hagen-Poiseuille flow

Considering steady flow:

$$\Delta P = \frac{8\pi\mu LQ}{A^2}$$

$\Delta P$ : Pressure drop

$\mu$ : Viscosity

$L$ : Length

$Q$ : Flow rate

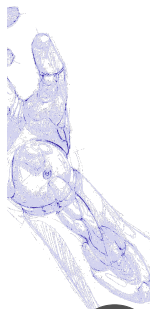
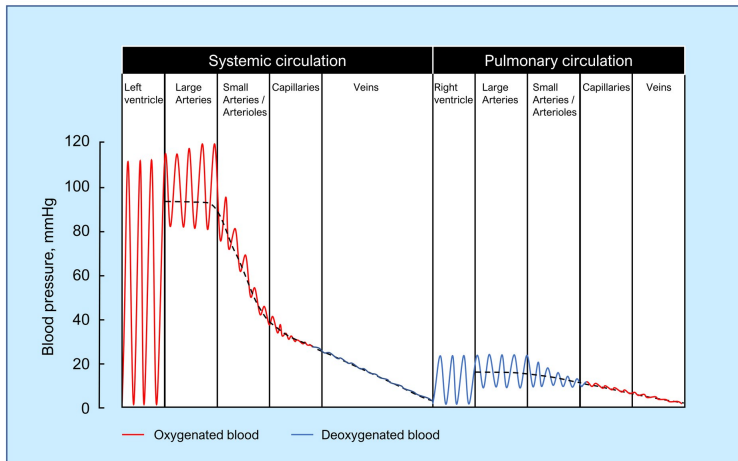
$A$ : Crosssectional area



# Fluid mechanics

Pressure drop

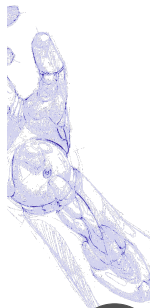
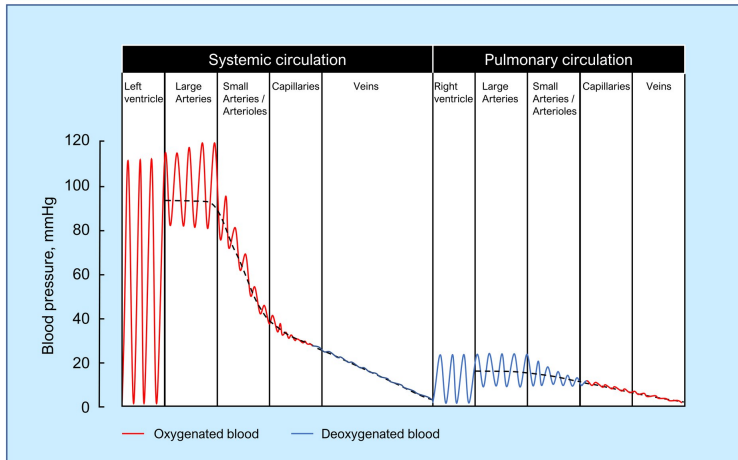
$$\Delta P = \frac{8\pi\mu LQ}{A^2}$$



# Fluid mechanics

## Pressure drop

$\Delta P = \frac{8\pi\mu LQ}{A^2}$ , A way to calculate pressure along the cardiovascular system



# Blood characteristics

Fahraeus-Lindqvist effect

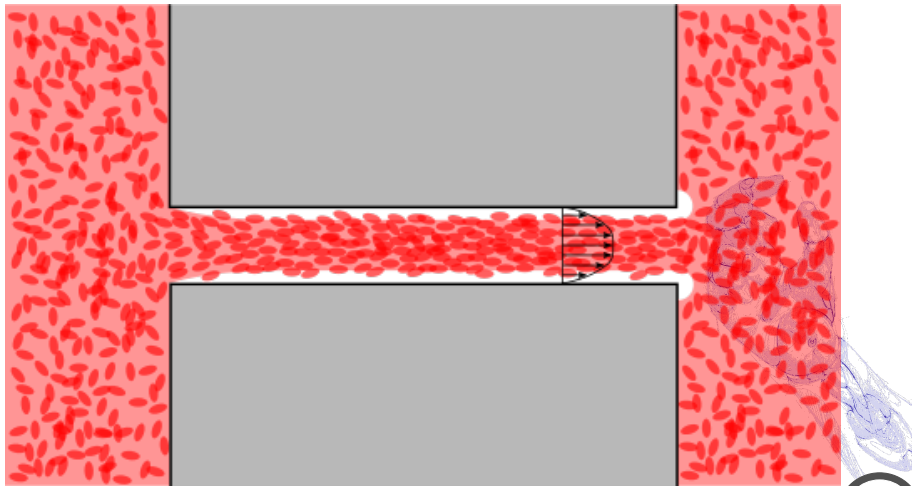
Blood viscosity drops at very small diameters (capillaries)



# Blood characteristics

## Fahraeus-Lindqvist effect

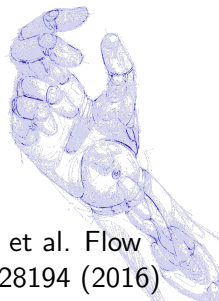
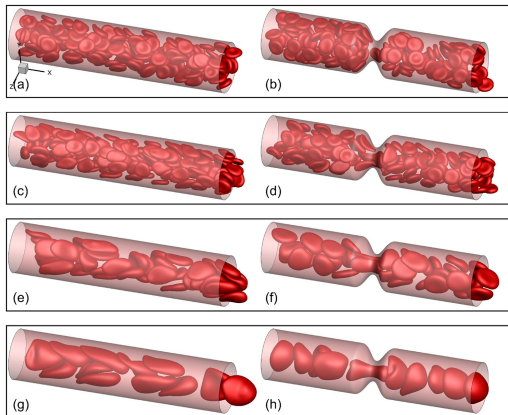
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# Blood characteristics

## Fahraeus-Lindqvist effect

Blood viscosity drops at very small diameters (capillaries)



Vahidkhah, K. et al. Flow of Red Blood Cells in Stenosed Microvessels. Sci Rep 6, 28194 (2016)

# Blood characteristics

## Fahraeus-Lindqvist effect

Based on the Hagen-Poiseuille flow equation:

$$\mu_e = \frac{\pi R^4 \Delta P}{8QL}$$



# Blood characteristics

## Fahraeus-Lindqvist effect

Based on the Hagen-Poiseuille flow equation:

$$\mu_e = \frac{\pi R^4 \Delta P}{8QL}$$

$\mu_e$ : Effective Viscosity

$R$ : Radius  $\Delta P$ : Pressure drop

$Q$ : Volumetric flow rate

$L$ : Length of capillary





# Fluid mechanics

Developed and developing flow

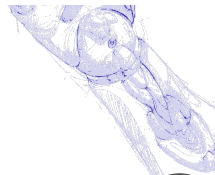
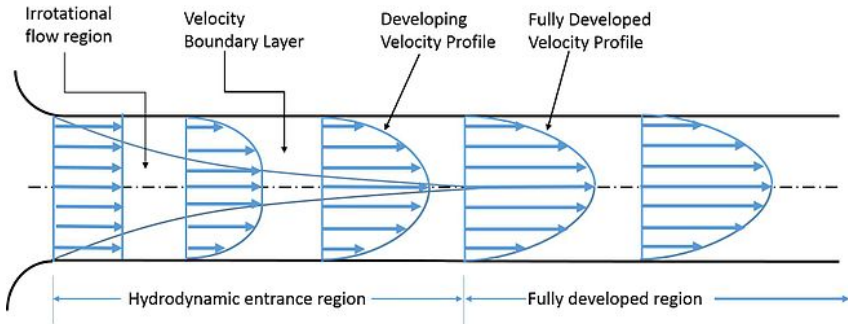
Hagen-Poiseuille can be used for “fully developed flow”



# Fluid mechanics

## Developed and developing flow

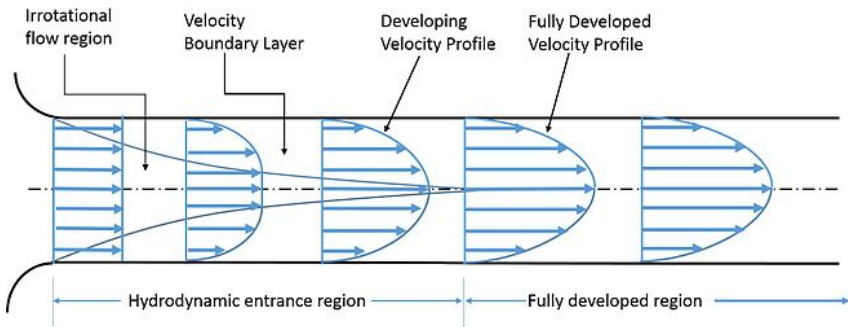
Hagen-Poiseuille can be used for “fully developed flow”



# Fluid mechanics

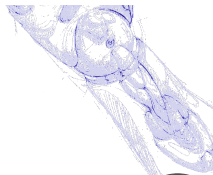
## Developed and developing flow

Hagen-Poiseuille can be used for “fully developed flow”



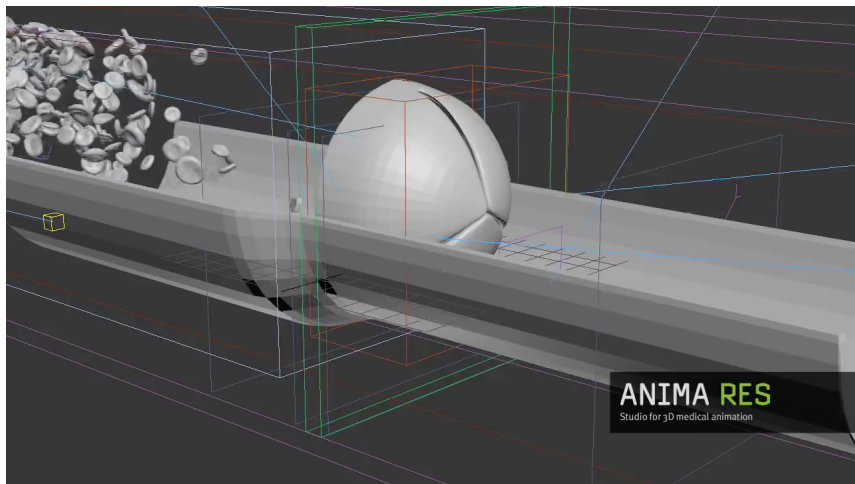
$$\frac{l}{d} = 0.06Re, \text{ laminar flow and } Re > 50$$

$$\frac{l}{d} = 0.693Re, \text{ turbulent flow}$$



# Fluid mechanics

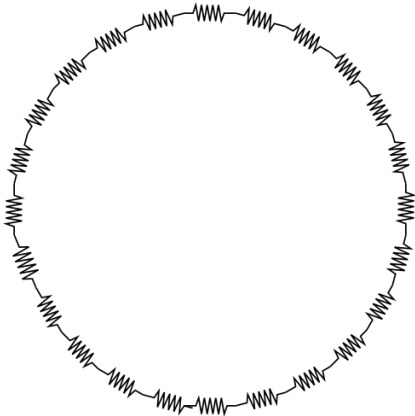
## Flow in elastic walls



[Anima RES youtube channel](#)

# Fluid mechanics

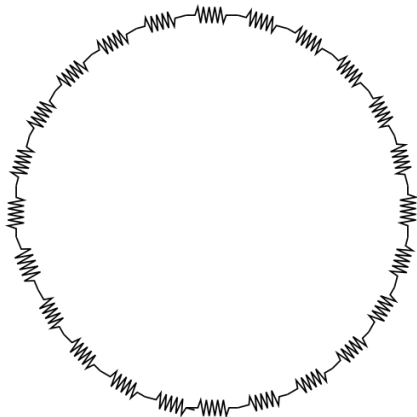
## Flow in elastic walls



# Fluid mechanics

## Flow in elastic walls

$$2\sigma_{\theta\theta}h = \int_0^\pi (p(x) - p_e) r(x) \sin\theta d\theta$$



# Fluid mechanics

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# Fluid mechanics

## Flow in elastic walls

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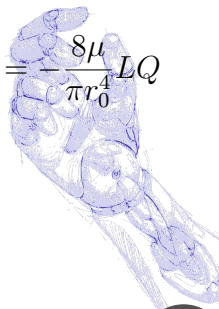
# Fluid mechanics

## Flow in elastic walls

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$$\frac{Eh}{3r_0} \left\{ \left[1 - \frac{r_0}{Eh} (p_2 - p_e)\right]^{-3} - \left[1 - \frac{r_0}{Eh} (p_1 - p_e)\right]^{-3} \right\} = -\frac{8\mu}{\pi r_0^4} LQ$$



# Fluid mechanics

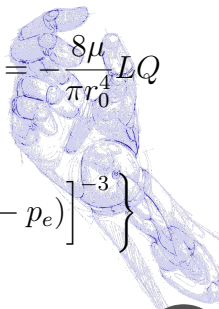
## Flow in elastic walls

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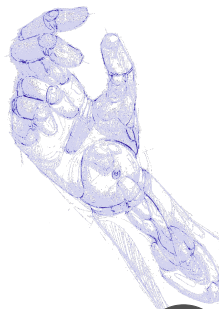
$$Q = \frac{\pi r_0^3 Eh}{24\mu L} \left\{ \left[1 - \frac{r_0}{Eh} (p_1 - p_e)\right]^{-3} - \left[1 - \frac{r_0}{Eh} (p_2 - p_e)\right]^{-3} \right\}$$



# Fluid mechanics

## Flow in elastic walls

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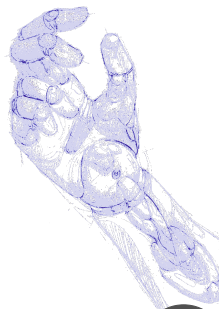


# Fluid mechanics

## Flow in elastic walls

$$Q = \frac{\pi r_0^3 E h}{24 \mu L} \left\{ \left[ 1 - \frac{r_0}{E h} (p_1 - p_e) \right]^{-3} - \left[ 1 - \frac{r_0}{E h} (p_2 - p_e) \right]^{-3} \right\}$$

We can calculate pressure drop from Hagen-Poiseuille





# Fluid mechanics

## Flow in elastic walls

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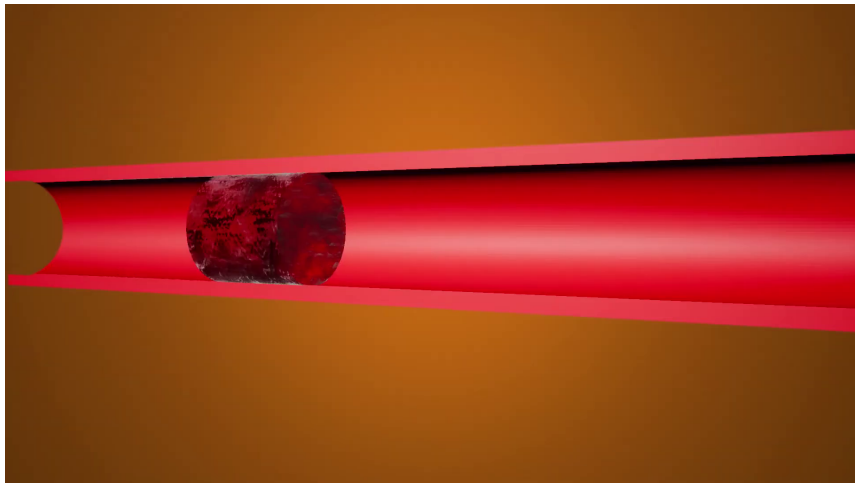
We can calculate pressure drop from Hagen-Poiseuille

What are the assumptions we made?



# Fluid mechanics

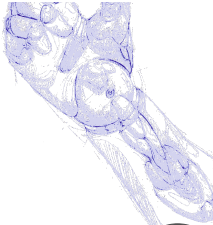
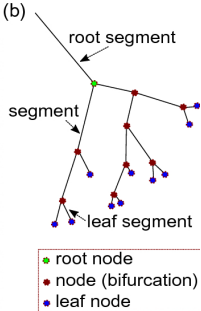
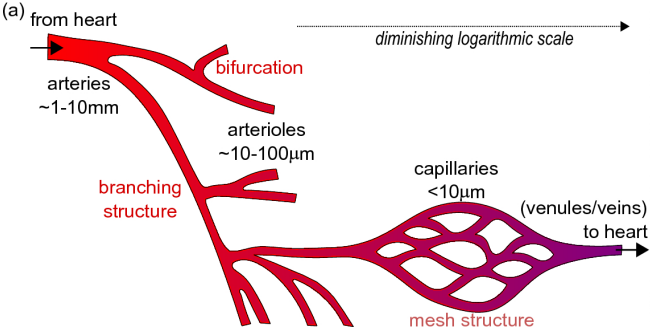
## Pulsatile flow



Guelph physics youtube channel

# Fluid mechanics

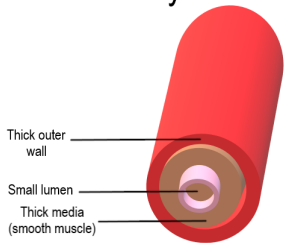
## Burifications



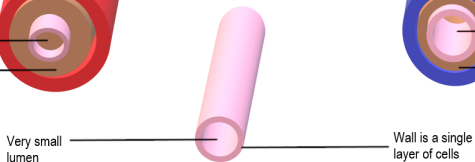
# Fluid mechanics

## Blood vessel structure

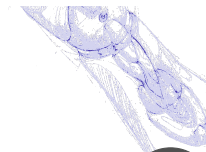
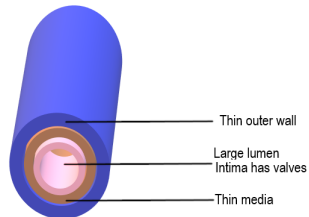
### An artery



### A capillary



### A vein



# Fluid biomechanics

How do we combine everything together?

A lot of complex phenomena, bring the models to its limits.



# Fluid biomechanics

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A lot of complex phenomena, bring the models to its limits.



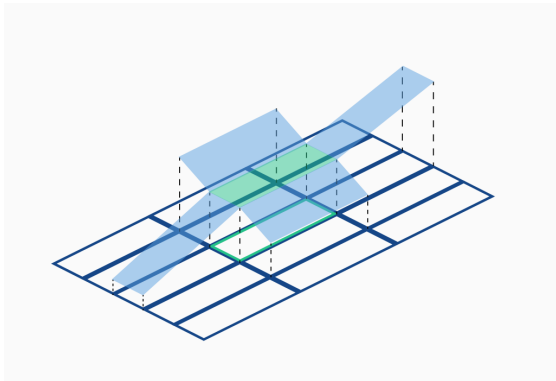
# Computational Fluid Mechanics

Different approaches



# Computational Fluid Mechanics

Different approaches



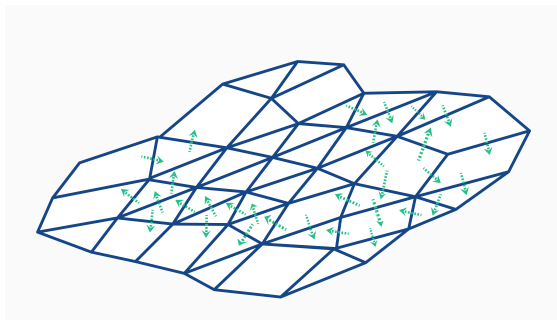
- Finite Differences Method (FDM)





# Computational Fluid Mechanics

Different approaches

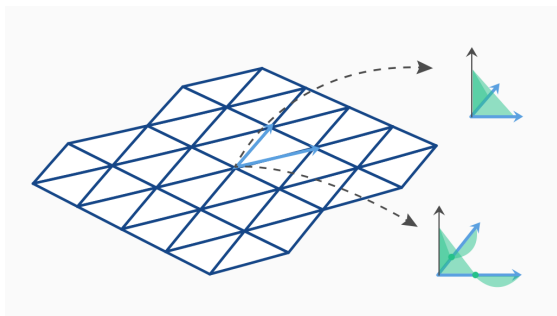


- Finite Differences Method (FDM)
- Finite Volumes Method (FVM)



# Computational Fluid Mechanics

Different approaches

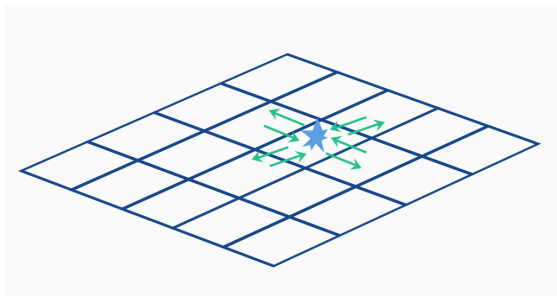


- Finite Differences Method (FDM)
- Finite Volumes Method (FVM)
- Finite Elements Method (FEM)



# Computational Fluid Mechanics

## Different approaches

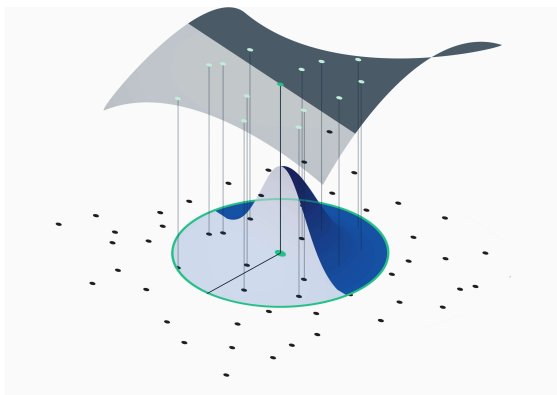


- Finite Differences Method (FDM)
- Finite Volumes Method (FVM)
- Finite Elements Method (FEM)
- Lattice Boltzmann Method (LBM)



# Computational Fluid Mechanics

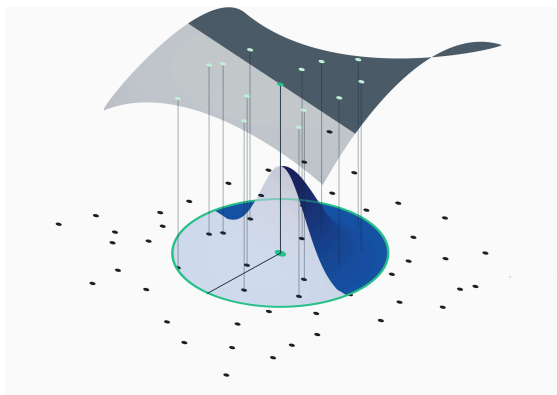
## Different approaches



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# Computational Fluid Mechanics

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<https://www.dive-solutions.de/blog/cfd-methods>

# Coming up next

Musculoskeletal modelling





# Questions?